

November

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10AM: RECOVERY COACH COFFEE 3 11AM: ALL PATHWAYS 5PM: BREATHWORK 6:30PM: RED ROAD TO WELLBRIETY	10:30AM: YOGA 4 12PM: RECOVERY SOUP 4:30: KUNDALINI YOGA 6:15PM: STEPS 1,2,3 7:30PM: GAME NIGHT	12PM: RECOVERY CAFE 5 12:30PM: COMMUNITY MEETING ⚠ 5:30PM: A.C.A./D.F. "LOVING PARENT" 8PM: PORTUGUESE AA/NA"	7AM: SEX & PORN ADDICTS ANON 6 10:30AM: YOGA 12PM: RECOVERY DHARMA 6PM: WOMEN'S RECOVERY 7:15PM: OVERCOMERS OUTREACH	11AM: SOBER SENIORS 7 12PM: RECOVERY CAFE 5PM: SOUND BATH 6:30PM: T.G.I.F. N.A. 8:15: DRUG ADDICTS ANON	11AM: CODEPENDENTS STEP STUDY 8
10AM: RECOVERY COACH COFFEE 10 11AM: ALL PATHWAYS 6:30PM: RED ROAD TO WELLBRIETY	C L O S E D 11 THANK YOU VETERANS 6:15PM: STEPS 1,2,3	9AM: RECOVERY PODCAST 12 12PM: RECOVERY CAFE 5:30PM: A.C.A./D.F. "LOVING PARENT"	7AM: SEX & PORN ADDICTS ANON 13 10:30AM: YOGA 12PM: RECOVERY DHARMA 6PM: WOMEN'S RECOVERY 7:15PM: OVERCOMERS OUTREACH	11AM: SOBER SENIORS 14 12PM: RECOVERY CAFE 6:30PM: T.G.I.F. N.A. 8:15: DRUG ADDICTS ANON	11AM: CODEPENDENTS STEP STUDY 15
10AM: RECOVERY COACH COFFEE 17 11AM: ALL PATHWAYS 6:30PM: RED ROAD TO WELLBRIETY	10:30AM: YOGA 18 12PM: RECOVERY SOUP 4:30: KUNDALINI YOGA 6:15PM: STEPS 1,2,3	12PM: RECOVERY CAFE 19 12:30PM: COMMUNITY MEETING ⚠ 5:30PM: A.C.A./D.F. "LOVING PARENT" 8PM: PORTUGUESE AA/NA"	7AM: SEX & PORN ADDICTS ANON 20 10:30AM: YOGA 12PM: RECOVERY DHARMA 6PM: WOMEN'S RECOVERY 7:15PM: OVERCOMERS OUTREACH	11AM: SOBER SENIORS 21 12PM: RECOVERY CAFE 6:30PM: T.G.I.F. N.A. 8:15: DRUG ADDICTS ANON	11AM: CODEPENDENTS STEP STUDY 22
10AM: RECOVERY COACH COFFEE 24 11AM: ALL PATHWAYS 5PM: SOUND BATH 6:30PM: RED ROAD TO WELLBRIETY	9AM: RECOVERY PODCAST 25 10:30AM: YOGA 12PM: RECOVERY SOUP 6:15PM: STEPS 1,2,3	9AM: RECOVERY PODCAST 26 12PM: RECOVERY CAFE 5:30PM: A.C.A./D.F. "LOVING PARENT"	Happy Thanksgiving 27	11AM: SOBER SENIORS 28 12PM: FRIENDSGIVING 6:30PM: T.G.I.F. N.A. 8:15: DRUG ADDICTS ANON	11AM: CODEPENDENTS STEP STUDY 29

The Red House
Peer Recovery
Support Center
12 Beach Road
Oak Bluffs
508-693-2900

RECOVERY
PODCASTS
EVERY
WEEKDAY
AT 9AM



check out
redhourecovery.org
for updates!

Give Thanks
with a
Grateful Heart

