

MARCH 2023

SUN

MON

TUE

WED

THU

FRI

SAT

*ALL RECOVERY MEETINGS AT THE RED HOUSE ARE OPEN MEETINGS
ACA/DF= ADULT CHILDREN OF ALCOHOLICS/DYSFUNCTIONAL
FAMILIES BRB= BIG RED BOOK (ACA/DF BASIC TEXT)
"LOVING PARENT" STUDIES "THE LOVING PARENT GUIDEBOOK" AND IS
FOCUSED ON LEARNING REPARTEING. N.A.= NARCOTICS ANONYMOUS

5 9:00
AL-ANON

2:00
GUITAR GROUP
(SINGERS WELCOME)

6 10:00
ALL RECOVERY
12:00
RECOVERY CAFE
7:00
SPIRITUALITY IN
RECOVERY

7 10:30
YOGA IN RECOVERY
12:00
RECOVERY SOUP
1:00
CAPRSS MEETING
6:15
BEGINNERS
A.A. MEETING

8 12:00
RECOVERY CAFE
5:00
A.C.A./DF "LOVING
PARENT"
8:00
PORTUGUESE-
SPEAKING
A.A./N.A.

9 10:30
YOGA IN RECOVERY
12:00
RECOVERY DHARMA
4:30
NURTURING
FAMILIES
6:00
WOMEN'S A.A.

10 9:00
SOBERCAST
11:00
SMART RECOVERY
12:00
RECOVERY CAFE
5:00
ACA/DF BRB DISCUSSION
6:30
"T.G.I.F." N.A. MEETING

11 11:00
ADVISORY BOARD
MEETING
12:00
NEW-TO-RECOVERY
DROP-IN
2:00
BREATHING
THROUGH STRESS

12 9:00
AL-ANON

2:00
GUITAR GROUP
(SINGERS WELCOME)

13 10:00
ALL RECOVERY
12:00
RECOVERY CAFE
7:00
SPIRITUALITY IN
RECOVERY

14 10:30
YOGA IN
RECOVERY
12:00
RECOVERY SOUP
6:15
BEGINNERS
A.A. MEETING

15 12:00
RECOVERY CAFE
5:00
A.C.A./DF "LOVING
PARENT"
8:00
PORTUGUESE-
SPEAKING
A.A./N.A.

16 10:30
YOGA IN RECOVERY
12:00
RECOVERY DHARMA
4:30
NURTURING FAMILIES
6:00
WOMEN'S A.A.
7:30
LGBTQIA RECOVERY

17 9:00
SOBERCAST
11:00
SMART RECOVERY
12:00
RECOVERY CAFE
5:00
ACA/DF BRB DISCUSSION
6:30
"T.G.I.F." N.A. MEETING

18 11:00
ADVISORY BOARD
MEETING
12:00
NEW-TO-RECOVERY
DROP-IN
2:30
KUNDALINI YOGA

19 9:00
AL-ANON

2:00
GUITAR GROUP
(SINGERS WELCOME)

20 10:00
ALL RECOVERY
12:00
RECOVERY CAFE
7:00
SPIRITUALITY IN
RECOVERY

21 10:30
YOGA IN RECOVERY
12:00
RECOVERY SOUP
1:00
CAPRSS MEETING
6:15
BEGINNERS
A.A. MEETING

22 12:00
RECOVERY CAFE
5:00
A.C.A./DF "LOVING
PARENT"
8:00
PORTUGUESE-
SPEAKING
A.A./N.A.

23 10:30
YOGA IN RECOVERY
12:00
RECOVERY DHARMA
4:30
NURTURING FAMILIES
6:00
WOMEN'S A.A.
7:30
LGBTQIA RECOVERY

24 9:00
SOBERCAST
11:00
SMART RECOVERY
12:00
RECOVERY CAFE
5:00
ACA/DF BRB DISCUSSION
6:30
"T.G.I.F." N.A. MEETING

25 11:00
ADVISORY BOARD
MEETING
12:00
NEW-TO-RECOVERY DROP-
IN
1:00
GARDENING @THIMBLE
FARM
2:30
KUNDALINI YOGA

26 9:00
AL-ANON

2:00
GUITAR GROUP
(SINGERS WELCOME)

27 10:00
ALL RECOVERY
12:00
RECOVERY CAFE
7:00
SPIRITUALITY IN
RECOVERY

28 10:30
YOGA IN RECOVERY
12:00
RECOVERY SOUP
4:00
FAITH LEADER OPEN-
HOUSE
6:15
BEGINNERS
A.A. MEETING

29 12:00
RECOVERY CAFE
5:00
A.C.A./DF "LOVING
PARENT"
8:00
PORTUGUESE-
SPEAKING
A.A./N.A.

30 10:30
YOGA IN RECOVERY
12:00
RECOVERY DHARMA
4:30
NURTURING FAMILIES
6:00
WOMEN'S A.A.
7:30
LGBTQIA RECOVERY

31 9:00
SOBERCAST
11:00
SMART RECOVERY
12:00
RECOVERY CAFE
5:00
ACA/DF BRB DISCUSSION
6:30
"T.G.I.F." N.A. MEETING



THE RED HOUSE PEER RECOVERY SUPPORT CENTER
12 BEACH ROAD, OAK BLUFFS, MA

IDEAS FOR PROGRAMMING/SOCIAL EVENTS/WORKSHOPS?

CALL 508-693-2900

EMAIL DFERGUSON@MVCOMMUNITYSERVICES.ORG OR DGRANT@MVCOMMUNITYSERVICES.ORG

